

BDEIG Education Project
Beginner's Autumn Bouquet – Design by Cate Grundy



Beginner's Autumn Bouquet

30 x 30 cm white trigger cloth or similar
 Needles: milliners/straws #1 and #3
 5" spring hoop

EdMar Floss:	Lola	#310	Meadow Daisy
		#208	Gerone Daisy
		#122	Cast-on Daisy
		#007	Jasmine
	Iris	#128	Flower Centers
		#138	Stocks
		#050	Leaves, Stems, Branches
	Glory	#211	Drizzle Flowers
		#203	Field Flowers
		#050	Fine Growth

Hints and Tips:

Use of a spring hoop is recommended to keep the fabric as tight as possible and facilitate the creation of the dimensional embroidery with the rayon threads, which have a left-hand twist and tend to be more slippery than usual embroidery threads.

When using Lola thread, it helps to have the correct end threaded through the needle. This is discovered by gently twisting out the strands from each end of the thread to be used. One end should separate into three separate strands and the other into two strands. Thread the three strands and knot the two (“**Two to Knot and Three to Sew**”)

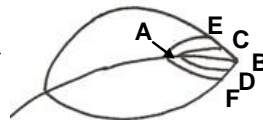
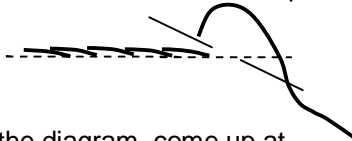
If some of the stitches are unfamiliar, try them before attempting the design.

Upon completion of the embroidery, the ends of the rayon floss will be further secured by an application of a fray checker before laundering.

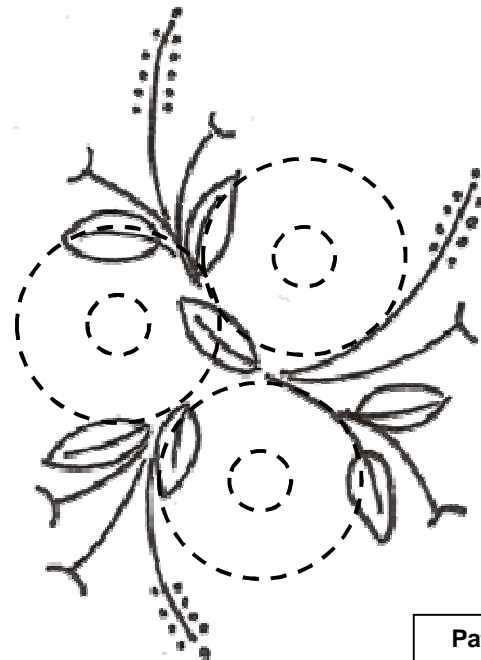
Stitching:

Use a quilter's knot (thread wrapped around the needle) to secure the thread end before starting to stitch, and finish with one or two smocker's knots (figure-of-eight).

Stems: Using the smaller of the two needles (#3), thread up one strand of Iris #050 and stitch all the stems in outline or stem stitch (see diagram). Work with the thread kept above the needle.



Following the diagram, come up at A and down at B two or three times. Come up at C and down just below A. Come up at D and back into the same center hole used for the stitch from C. Come up at E and down just below center hole used for C/D. Come up at F and down into same center hole as used for E. Continue working down the leaf in this manner.



Pattern

Gerone Daisy



Flower Center: Work the flower center with padded satin stitch, as follows. Using Iris #128, fill in the center with chain stitch. Then, beginning in the center of the oval, work satin stitch out to one edge. Return to the center and work out to the other edge,

Petals: The outer petals are created using pistil stitch. This stitch is made with a 3-wrap French knot and a stalk using Lola #208. It is helpful to divide the daisy shape into quarters or eighths. Make each pistil stitch a slightly different length from the previous stitch to give the flower an interesting shape.

Buds: For the flower buds, work three or five pistil stitches coming from the same point.

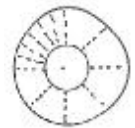
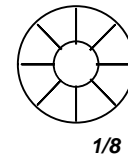
Calyx: Add a 15-wrap bullion beneath the buds and a second 12-wrap bullion underneath the first, using the same color thread as the stems.



Cast-on Daisy



Petals: Before stitching, divide the daisy shape into quarters, and then divide each quarter into 5 equal parts (see diagram). With Lola #122, come up on the inside circle. Go down at one of the marks on the outside edge and up again on the inside circle next to the place where you went in. Do not pull

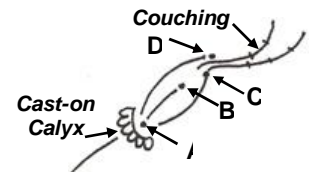


Add 2 stitches between each 1/8

through. Cast on 12 times and pull through, being careful not to twist the stitches. Go down on the outside edge at the mark (one petal made). Come up on the inside and continue clockwise around the flower until all petals have been done (see diagram).

Flower Center: Fill the center with colonial knots or French knots using Iris #128.

Bud for Cast-on Daisy: Cast on 8 from A-B. Add 12-loop and 15-loop cast-on stitches on each side of the center, from A-C and from A-D. Couch stamens with green and add a 12-loop cast-on stitch as a calyx, also in green.



Meadow Daisy



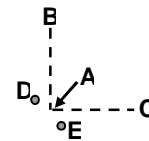
The Meadow Daisy is worked like the Cast-on Daisy but with Lola #310 and 12-wrap bullions around. Use Iris #138 to satin stitch the flower center. Stitch the bud with 4 or 5, 12-wrap bullions, adding calyx as above, except with bullions.



Jasmine



Using Lola #007, make a 12-wrap bullion from A to B and another from A to C (see diagram). Return to A and work a 12-loop cast-on from A to B down the outside of the bullion (see diagram). Work another 12-loop cast-on stitch down the other side of the bullion from A to C.



Flower Center: Make three pistil stitch stamens in the center of each jasmine flower using Glory #203.

Calyx: Make a 15-wrap bullion from D to E with Iris #050. Begin and end slightly under the cast-on stitches. Add a 10-wrap bullion under the first.



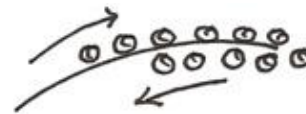
Drizzle Flowers: (Tiny dark red flowers scattered around the large, round flowers; refer to photo)

Thread your needle with Glory #211. Make a knot and come up through the fabric where you want your flower to sit. Unthread the needle. Cast on 5 times with the loose thread. Rethread the needle and pull slowly down, holding the cast-ons as you go until the drizzle is about ½ cm high. Lock the stitch on the back of the work and then make 3-4 more petals. Place a colonial knot in the center of each drizzle flower using Iris #138 or doubled Glory #203.



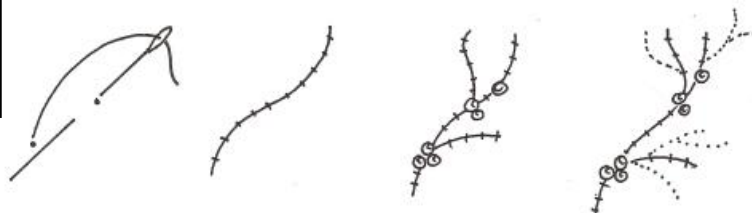
Stock:

The stock in this design is made up of knots using Iris #138. You may use colonial knots or French knots to work up one side of the stem and down the other. Fill in any gaps with more knots. Taper the tip with 1-wrap French knots.



Couching:

The fine growth and field flowers are traditionally not marked on Brazilian embroidery designs; this affords the opportunity for the stitcher to add a touch of individuality to the work. Couched strands may be many or few, and the field flowers may be in small, scattered groups or in thick clusters.



Branches are created by couching curved lines out from the already-stitched stems. Use the same thread as the stems for these branches.

Field Flowers are French or colonial knots and may be scattered singly or bunched in groups along the branches just couched. Glory #203 is used for the field flowers in this design. Do not put flowers on the tips of the branches.

The last greenery to be worked is the **Fine Growth**. Using Glory #050, couch curved lines between the branches. You may please yourself whether you want wispy hints or dense growth. Do not put any flowers on this work.

References:

Freitas, Maria, *The Art of Dimensional Embroidery*, EdMar 2000.

Moore, Delma, *Brazilian Embroidery: A Step-by-Step Guide*, Blackberry Lane, 2006.

©Cate Grundy, 2008. All rights reserved.